

FOURSQUARE ————— † ☞ † ☞

21 Days of Prayer + Fasting 2024

# FAMILY MOMENTS



## Praying *the* Word

January 8-28, 2024

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## Praying the Word in 2024

God is in the business of transformation. Thankfully, it's not our job to do the heart transformation for our kids. Instead, as children's ministry workers, parents, grandparents and friends, we get to model a life transformed and create environments for the Holy Spirit to speak to and teach our kids. May you expectantly step into 21 Days of Prayer + Fasting 2024, with the prayer for God to do "infinitely more than we might ask or think" (Eph. 3:20, NLT).

"Infinitely more." That's our prayer for you and your family as you journey the 21 days and the year ahead. As you intentionally create space and set aside time, God will do the work of transformation. The Family Moments found in this book are designed to support you along the way. They include practical activities and conversations to help get you started.

As you pray, may you have eyes to see the ways that God is on the move, showing up and responding to your prayers. Each day, for 21 days, as you join in the time of "Praying the Word," be encouraged, knowing that other families around the globe are sharing in the journey. What a gift that we serve a God who hears our prayers!

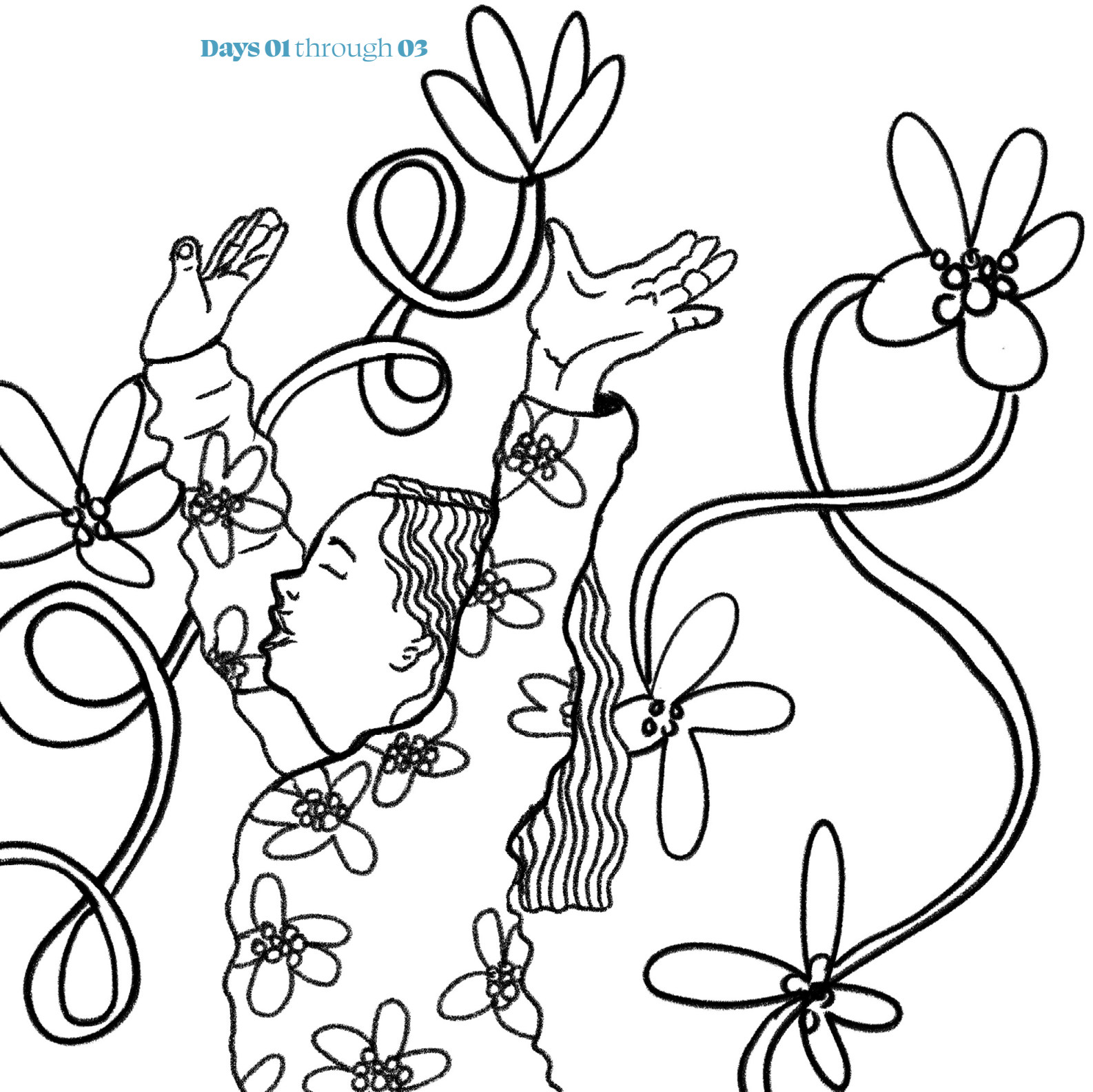
You are free to reproduce this Family Moments guide for your church or ministry, but it should be distributed at no cost. Visit [FoursquarePrayer.org](https://FoursquarePrayer.org) to sign up for daily email reminders and to find helpful resources as you communicate and gather as a family around prayer. If you don't have a copy of the 21 Days of Prayer + Fasting 2024 book for adults and teens, complete with a notes section, grab your download at [FoursquarePrayer.org](https://FoursquarePrayer.org) or buy a copy on **Amazon**.

Blessings on your prayer adventure!

—The U.S. Foursquare Church

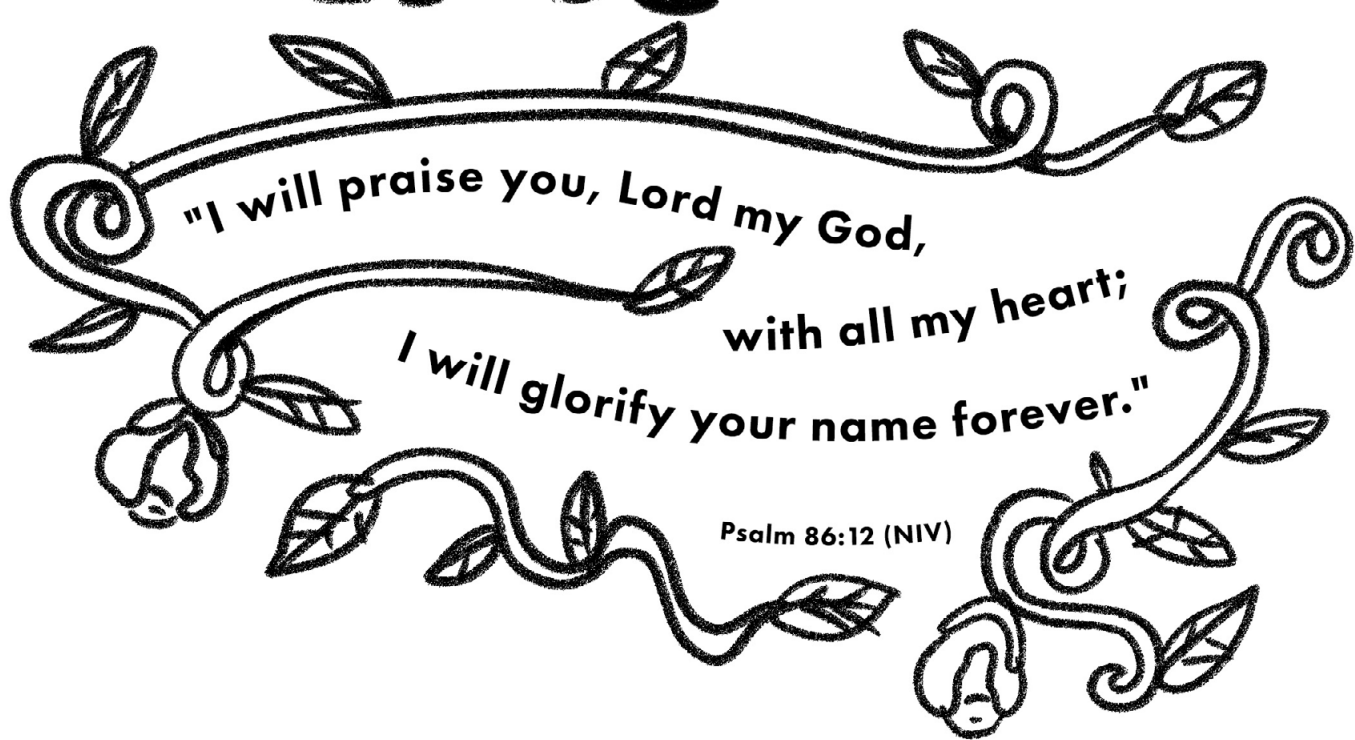
# Section 01

Days 01 through 03





**PRAISE**  
and  
**Gratitude**



"I will praise you, Lord my God,  
with all my heart;  
I will glorify your name forever."

Psalm 86:12 (NIV)

# Day 01

## ABCs of praise

Can you think of creative ways to describe God?



### Dive into the Word

“For you are great and do marvelous deeds; you alone are God.”

—Psalm 86:10 (NIV)

### Let’s Pray!

1. We can praise God for who he is and what he has done for us always!
2. For older children: Discuss further what praise means and how they can be more intentional in praising God.
3. Pray: “Dear God, thank You for being the one true God; help us always love and praise You with all our hearts. Amen.”



### Family Moment

You just read a prayer of praise! When we praise God, we declare truths about who He is. Can you think of words that describe God? Create your family’s ABCs of praise. Starting with each letter of the alphabet, allow family members to write down or share aloud a word that describes God. Continue your way through the alphabet, celebrating your ABCs of praise when you arrive at letter Z!



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# Day 02

## Seeds of gratitude

It's good to give thanks,  
even for the little things!

### Dive into the Word

"Praise the Lord, my soul; all my inmost being, praise His holy name. Praise the Lord, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's."

—Psalm 103:1-5 (NIV)



### Family Moment

Why do you think it's important for us to give thanks to God, even for things that might seem ordinary? Make a top 10 list of things you are each thankful for. Share your lists with one another aloud, and thank God together for each thing, no matter how small. Post the list on the fridge or somewhere you can see it, and add one more thing you are grateful for each day this week.

### Let's Pray!

1. Think about the amazing things God created, like the deep oceans and tall mountains, and how He takes care of us like a loving shepherd; let's be thankful for His greatness and love!
2. Reflect: I'm thankful for the love of God and for all He does for me.
3. Pray: "Dear God, help me remember to be thankful for all the good things You have for me each day. Amen."



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# Day 03

## The things we seek

You can see God's work all around you!

### Dive into the Word

"One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek Him in his temple."  
—Psalm 27:4 (NIV)

### Family Moment

What does it mean to "seek"? The Bible shows us that seeking is what we think about, the things we love and where we spend our time. God knows our lives are filled with lots of distractions. Thankfully, followers of Jesus have the Holy Spirit as guide and helper. Make and decorate a "telescope" out of a paper-towel tube, and write the words from Psalm 27:4 on the tube. Play a game of I Spy and "seek" things while only looking through the telescope. Adults, now guide kids toward finding things like the Bible, the nature God created or a framed Scripture. See how much easier it is to seek and find when you have guidance? That's what the Holy Spirit does for us every day!

### Let's Pray!

1. Reflect: I will seek God daily with joy!
2. Play "I Spy" with your telescope and look for God's presence throughout your day. How many things can you find around you that represent Him?
3. Pray: "Jesus, help me to seek You every day of my life. Amen."



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# 4 DRAWINGS

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# Section 02

Days 04 through 06



# FORGIVENESS AND TRUST

"God, create a pure heart in me.

Give me a new spirit  
that is faithful to you."

Psalm 51:10 (NIRV)

# Day 04

## Clean hearts

What things make you turn away from God?

### Dive into the Word

“But if we are living in the light, as God is in the light, then we have fellowship with each other, and the blood of Jesus, His Son, cleanses us from all sin. If we claim we have no sin, we are only fooling ourselves and not living

in the truth. But if we confess our sins to Him, He is faithful and just to forgive us our sins and to cleanse us from all wickedness.”

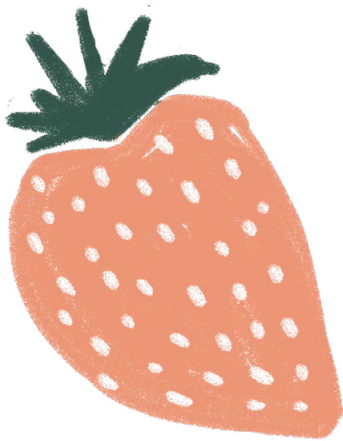
—1 John 1:7-9 (NLT)

### Family Moment

What does it mean to repent? It's when we turn away from our sin and turn toward God. God loves us so much that when we confess our sins, He is faithful to forgive! Adults, now is a great time to share an example of messing up and seeking forgiveness. Distribute paper and coloring supplies, and have everyone draw a “clean” heart. Ask the Holy Spirit, “Is there any sin in my heart for which I need to repent?” Give family members time to respond with words and drawings before regrouping and celebrating God's faithful forgiveness!

### Let's Pray!

1. Think about the things that make your heart hard, that might make you turn away from God.
2. Thank God that he forgives us and cleanses our hearts.
3. Pray: “Dear Jesus, thank You for cleansing me and making me right with God. Keep me from sinning, from doing wrong things. Please help me to follow You always. Amen.”



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# Day 05

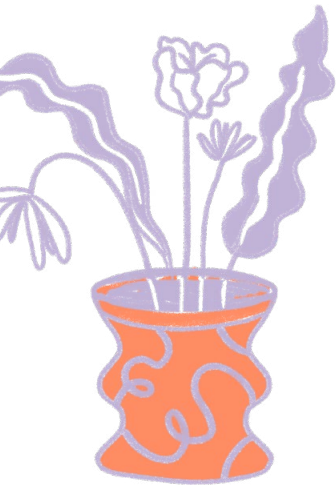
## Trust walk

God will show you the way.

### Dive into the Word

“Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.”

—Proverbs 3:5-6 (NLT)



### Let's Pray!

1. We are filled with joy because God loves us, saves us and hears us.
2. Ask God to show you the path to take each day of your life, every step of the way.
3. Pray: “Dear God, thank You for Your awesome plan for my life. Please help me to put my trust in You joyfully. In Jesus’ name, Amen.”

### Family Moment

Construct a simple obstacle course in your home. Take turns navigating the course with one person blindfolded and another person guiding. Gather back together for discussion. How did it feel to trust someone to get you through the course? Read Proverbs 3:5-6 again. How do we know we can trust God? He always keeps His promises! Share with your children some examples of when you trusted God in the past. When is it hard to trust God? Pray for one another, trusting in a God who always keeps His promises.





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# Day 06

## Walking worthy

What does it mean to walk with Jesus?

### Dive into the Word

“For this reason we also, since the day we heard it, do not cease to pray for you, and to ask that you may be filled with the knowledge of His will in all wisdom and spiritual understanding; that you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy; giving thanks to the Father who has qualified us to be partakers of the inheritance of the saints in the light.  
—Colossians 1:9-12 (NKJV)

### Family Moment

Make a family foot collage. Using washable paint, stamp the bottom of one foot of each person in your family onto a separate sheet of paper, or trace each person’s foot with a marker. When the footprints have dried, cut each piece out and glue them so they overlap onto an 11x17 sheet of paper. Notice the difference in sizes—we are each at a different stage of life and in our walk with Christ. Write the following on the collage: “We choose to walk worthy of the Lord. We will grow to know Him more.”

### Let’s Pray!

1. What does it mean to “walk” with Jesus? What would that look like in your daily life?
2. Pray that Jesus will remind you that He is walking with you today and every day.
3. Pray: “Jesus, help me to walk with You all the days of my life, no matter how easy or hard life gets. Amen.”



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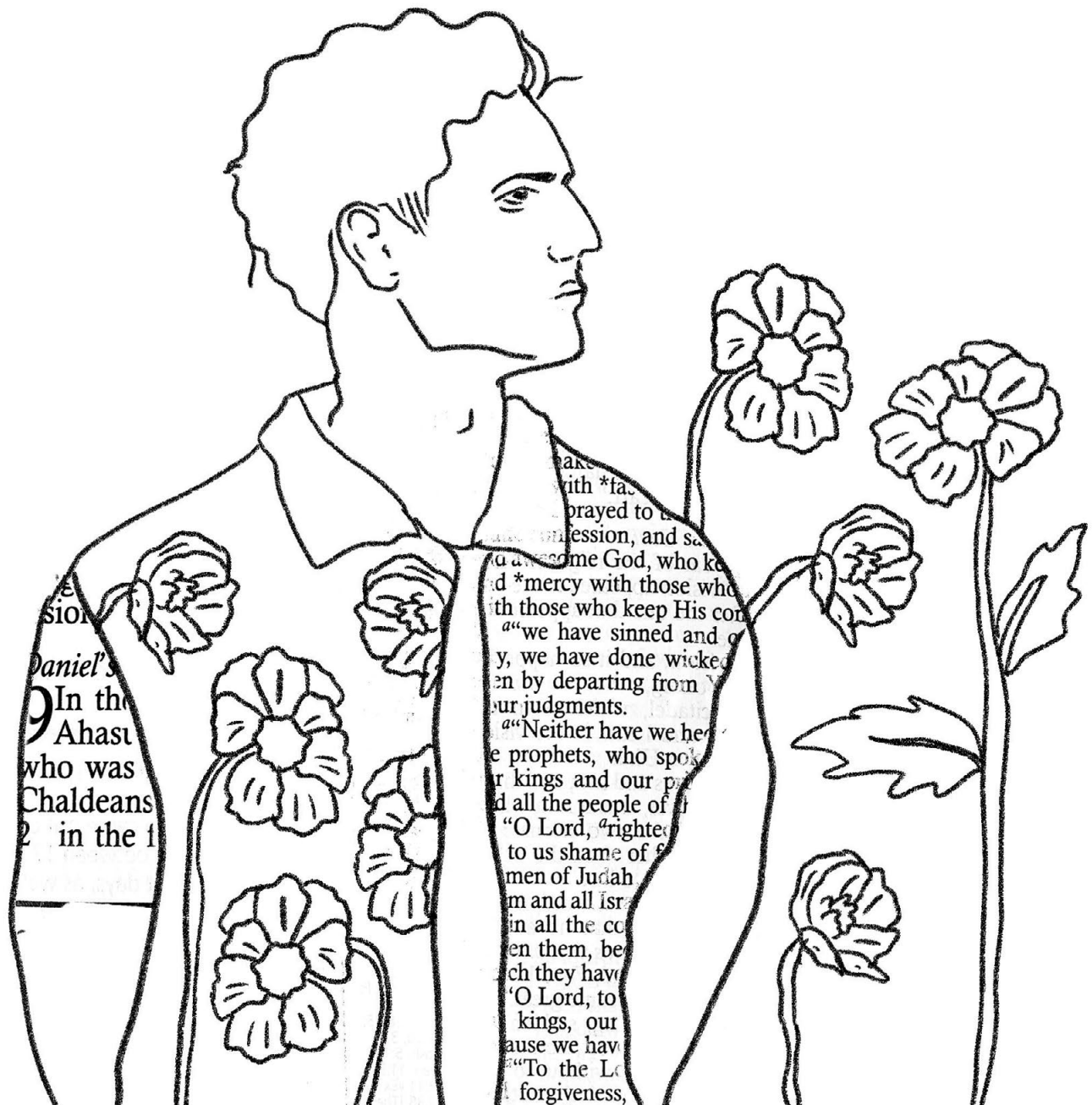
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# Section 03

Days 07 through 09





**"But the Lord is faithful,**

**and he will strengthen you and**

**protect you from the evil one."**

**2 Thessalonians 3:3 (NIV)**

# Day 07

## Speak a blessing



### Dive into the Word

“For this reason I bow my knees to the Father of our Lord Jesus Christ... that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be

able to comprehend with all the saints what is the width and length and depth and height—to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God. Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.”

—Ephesians 3:14-21 (NKJV)

God’s love is so big and so high and so great for us—what a blessing for our lives!

### Family Moment

What stands out to you in these verses? Take turns praying a blessing over each family member by name: “May God strengthen [name] with power through His Holy Spirit in your inner being. We pray that you will have the power to grasp how wide and long and high and deep the love of Jesus is for you. May you be filled to the measure of all the fullness of God and know that He is able to do more than we can ask or imagine. Amen.”

### Let’s Pray!

1. Sometimes we think asking for help makes us weak, but depending on God actually makes us stronger!
2. Today, as you pray, ask God to strengthen you physically, mentally and spiritually.
3. Pray: “Father, thank You for the strength You give us when we are weak. Amen.”

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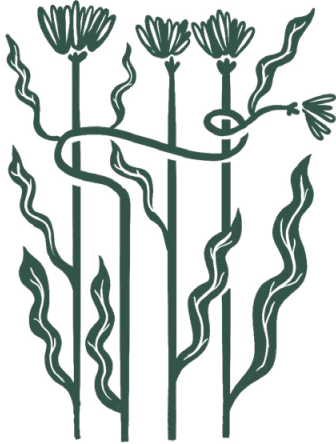
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# Day 08

## Power of prayer



### Dive into the Word

“But the Lord is faithful, and He will strengthen you and protect you from the evil one. We have confidence in the Lord that you are doing and will continue to do the things we command. May the Lord direct your hearts into God’s love and Christ’s perseverance.”

—2 Thessalonians 3:3-5 (NIV)

God has given us a weapon against the enemy.

### Family Moment

Prayer is powerful! In Paul’s letter to the Thessalonians, he asks them to pray. Prayer is our greatest weapon against the enemy. We too have the assignment to pray God’s protection over others in His power. Write “God is our protector” on a piece of paper. Around that truth, write names of people you know in need of God’s protection. Maybe they are staff members from your church, people at school, family members or neighbors. Take turns praying for the people on your new “prayer board.” If helpful, use the following prayer for each name: “Lord, please be faithful to strengthen and protect [name] from the evil one.”

### Let’s Pray!

1. When we pray for each other, it’s like God places a shield around us to protect us from anything the enemy would try to do to stop us.
2. During your prayer time today, ask God to protect others who are doing the 21 Days of Prayer + Fasting; pray that they would have the opportunity to tell someone about Jesus!
3. Pray: “Father, You are our shield as we go on Your mission. Thank You! Amen.”



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# Day 09

Going deeper

## Dive into the Word

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which He has called you, the riches of His glorious inheritance in His holy people and His incomparably great power for us who believe. That power is the same as the mighty strength He exerted when He raised Christ from the dead..."

—Ephesians 1:17-20a (NIV)

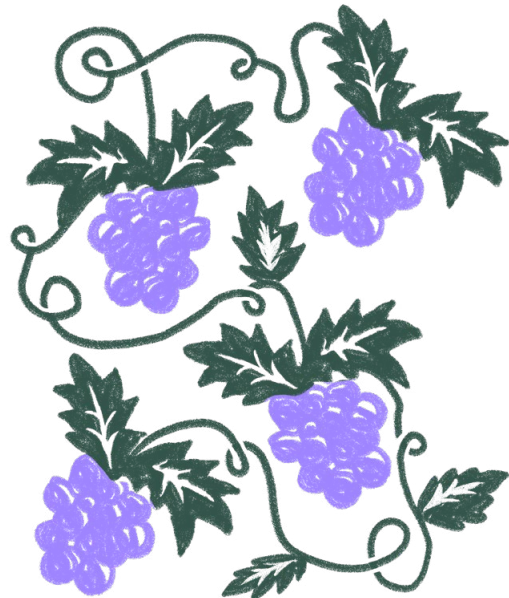
## Family Moment

As disciples of Jesus, our goal is to get to know Him better and deeper every single day! What are ways we can spend time with Jesus? Brainstorm together. Today we're going to respond to the prayer: "May God give you the Spirit of wisdom and revelation, so that you may know Him better" (v.17). After praying, encourage every family member to spend time asking God how He wants them to respond to the verse. You can use paper and coloring supplies, play a worship song or even just remain silent in Him. Share with one another how you spent your time.

There are so many ways we can spend time with God!

## Let's Pray!

1. Do you know you have more general knowledge now than you did three years ago? That's a fancy way of saying that you know more stuff. Our knowledge of God should also grow more each day.
2. While you pray today, ask God to reveal Himself to all the other kids who are participating in the 21 Days of Prayer + Fasting.
3. Pray: "Father, help me to grow in Your wisdom each day. Amen."



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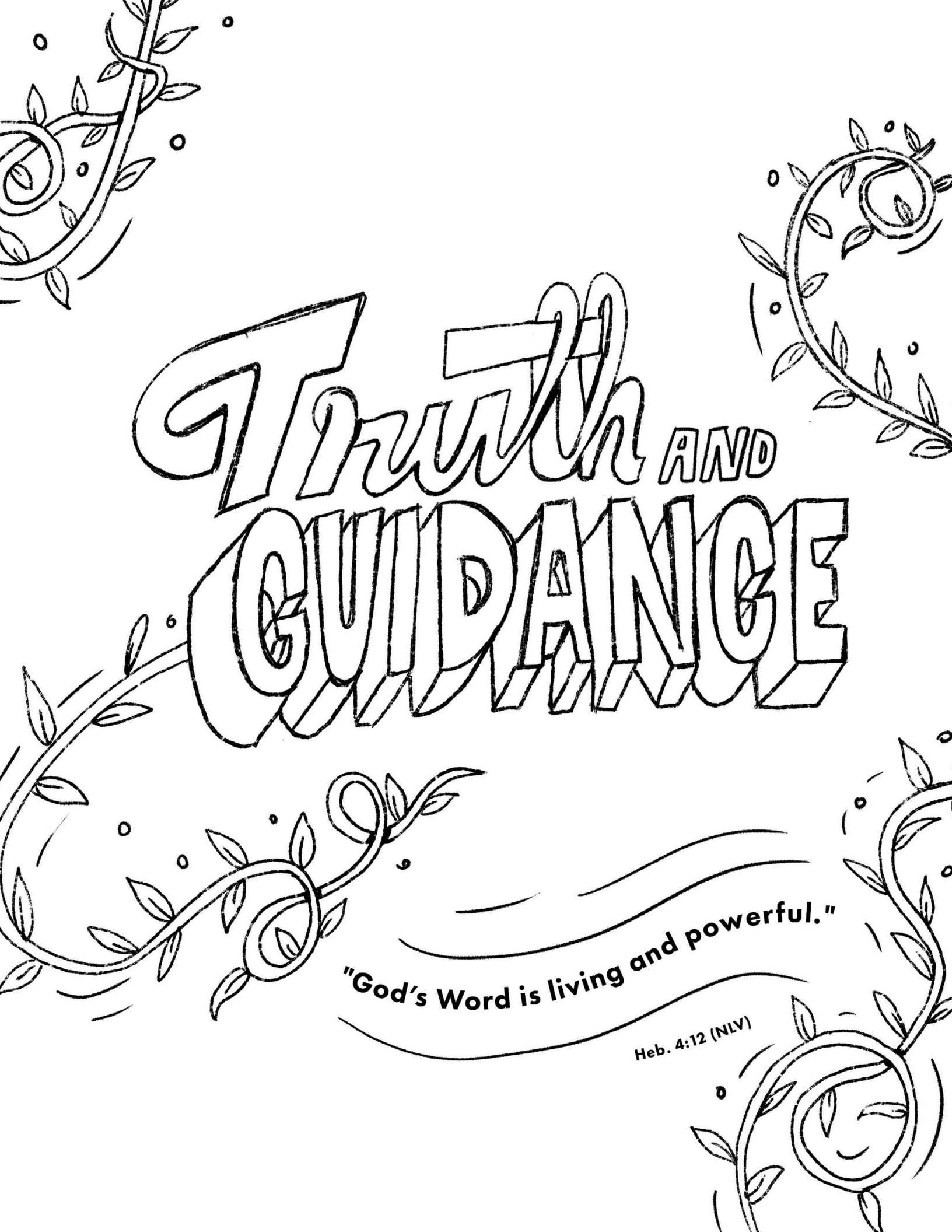
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# Section 04

Days 10 through 12





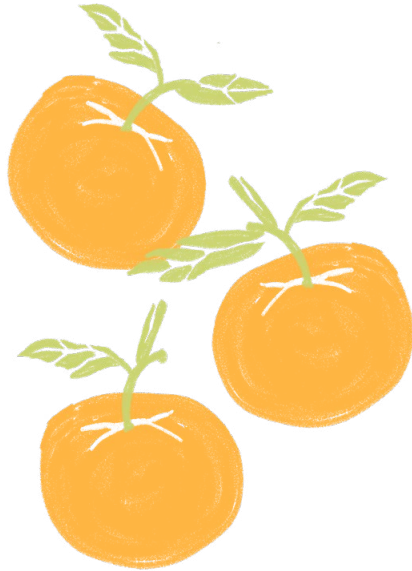
# Truth AND GUIDANCE

"God's Word is living and powerful."

Heb. 4:12 (NIV)

# Day 10

Time to build



We all need God to help keep us strong and safe.

## Family Moment

Gather some building supplies such as cards, blocks and marshmallows. Work as a family to construct houses, then test them by blowing air or shaking the table. Which ones survived? Which collapsed? Why do you think Jesus told the story in Matthew 7? What might it mean to build your house on the rock? Pray and ask the Holy Spirit to guide you and help you be obedient to God, even during difficult times.

## Dive into the Word

“Anyone who listens to My teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse because it is built on bedrock. But anyone who hears My teaching and doesn’t obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.”

—Matthew 7:24-27 (NLT)

## Let’s Pray!

1. Remember, God has what others need, and when they see that you have it, they will want it, too!
2. While you pray today, thank God for His truth, and ask Him to reveal more of Himself to you.
3. Pray: “Father, thank You for being the solid rock I can stand on. Amen.”

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# Day 11

## Family fortress



### Dive into the Word

“He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the Lord, ‘He is my refuge and my fortress; my God, in Him I will trust.’ Surely He shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday. A thousand may fall at your side, and ten thousand at your right hand; but it shall not come near you.”

—Psalm 91:1-7 (NKJV)

God gives us a secret place with Him where we are always safe.

### Family Moment

Create a family fortress with pillows and blankets. Gather inside and discuss what everyone thinks about when they hear the word “refuge” and “fortress.” Read Psalm 91:1-7 together. What does it mean to say God is our “refuge” and “fortress”? Share examples of God’s protection in your life and from the Bible. Is there something you’re afraid of today? After sharing, invite everyone to speak God’s Word over each fear shared: “God, You’re my refuge. I trust in You, and I’m safe!”

### Let’s Pray!

1. Whenever we need help, we can always run to God for anything.
2. Take some time today to thank God for all He has done for you and your family.
3. Pray: “Father, You are an amazing protector! Amen.”



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# Day 12

God is our guide

Life is noisy, so we must keep our ears open to hear God speaking to us.



## Dive into the Word

“Show me Your ways, Lord, teach me Your paths. Guide me in Your truth and teach me for You are God my Savior, and my hope is in You all day long.”

—Psalm 25:4-5 (NIV)

## Family Moment

Listening to Jesus can be difficult with all the distractions in our daily lives. Adults, choose a simple message (e.g., “We pray for God to protect you every single day”). Have one person listen and one parent read the message in a low voice while the rest of the family shouts contradictory messages, makes noises and creates as much distraction as possible. See how hard it is to hear that one voice in the chaos? Now whisper the message into their ear while everyone is quiet. That’s how prayer can work! Life will be full of chaos and distractions, and it’s so important we keep our eyes and ears open to Him every day.

## Let’s Pray!

1. Reread Psalm 25:4-5. As you do, pray those words back to God.
2. Think of a friend that is having a hard time following God’s best. Pray that God would guide them into all that He has prepared for them.
3. Pray: “Father, thank You for always looking out for me and guiding me. Amen.”

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# Section 05

Days 13 through 15



# AuthORITY AND RIGHTEOUSNESS

**"Finally, be strong in the Lord and**

**in His mighty power."**

Eph 6:10 (NIV)



# Day 13

## The armor of God



### Dive into the Word

“Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but

against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests.”

—Ephesians 6:11-18 (NIV)

God gives us everything we need for the battles in life, no matter how small.

### Family Moment

Gather the following supplies for armor of God dress up: belt, coat (breastplate), shoes, plate (shield), bike helmet and paper-towel tube (or toy sword). Select a family member to put on all the items as someone reads this passage out loud. Name the items as you put them on, and have kids shout out what they stand for (e.g., “Belt?” “Truth!”). The armor of God reminds us that God fights for us, and He equips us with everything we need to stand firm. Talk about the “battles” you faced last week (big or small), and discuss how the armor of God would be helpful for each battle shared.

### Let’s Pray!

1. Remember to “be alert” and always keep praying for all the Lord’s people (v. 18)!
2. As believers, we get to bring our “requests”—big or small—to the Lord and ask Him to help us and our friends and family each day.
3. Pray: “God, thank You that You have given us the full armor of God to protect our hearts. We ask You to help us to stand firm in our faith and to help those around us. In Jesus’ name, Amen.”

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# Day 14

## Righteous in Christ

Jesus gave His life for our sins, so that we could be forgiven!



### Dive into the Word

“When you were dead in your sins

and in the uncircumcision of your flesh, God made you alive with Christ. He forgave us all our sins, having canceled the charge of our legal indebtedness, which stood against us and condemned us; He has taken it away, nailing it to the cross. And having disarmed the powers and authorities, He made a public spectacle of them, triumphing over them by the cross.”

—Colossians 2:13-15 (NIV)

### Family Moment

What does the word “righteous” mean? Because God is righteous, He cannot tolerate sin. But God is also loving. Because of His love for us, He makes a way for us to be free from sin and brings us back into His family. Jesus takes our sin and gives us His righteousness. Through Jesus, we not only can live in God’s presence, but God’s

Holy Spirit lives in us to help us to become like God. This is the Good News! Have you made the decision to follow Jesus? Adults, share your testimony with your children, and offer them the opportunity to follow Jesus, or celebrate with them if they already are.

### Let’s Pray!

1. Reflect: When we ask for forgiveness of our sins, they are nailed to the cross.
2. How was Jesus’ dying for our sins a “triumph”?
3. Pray: “God, thank You for dying on the cross to save me from my sins. Please forgive me of the wrong things I have done and help me to be more like You. In Jesus’ name, Amen.”

*\*Answer: Righteous means perfect, holy, without sin.*



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# Day 15

## Promise prayers



### Dive into the Word

"I pray that the eyes of your heart may be enlightened in order that you may know the hope to which He has called you, the riches of

His glorious inheritance in His holy people, and His incomparably great power for us who believe. That power is the same as the mighty strength He exerted when He raised Christ from the dead and seated Him at His right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that is invoked, not only in the present age but also in the one to come."

—Ephesians 1:18-21 (NIV)

Do you know all the wonderful things God has promised us?

### Family Moment

Share the words from today's verses that stand out to you. God invites us to pray big prayers with the power and authority that comes from following Jesus. What does it mean to pray with authority? Declaring the promises of God is a great place to start. Go on a promise hunt through the Bible, e.g., He loves you (Rom. 5:8), He hears you (Ps. 34:17), You are His child (John 1:12), and He will never leave you (Deut. 31:8). Invite everyone to find a promise of God.

### Let's Pray!

1. Did you know God gives us "incomparably great power" when we follow Him?
2. The power described in Ephesians 1:19 is given so that we can follow God's plans and purposes on Earth. God wants to use us to do big things!
3. Pray: "God, we want to see Your big plans happen on Earth. Use us to do big things, and let us see Your will being done. In Jesus' name, Amen."

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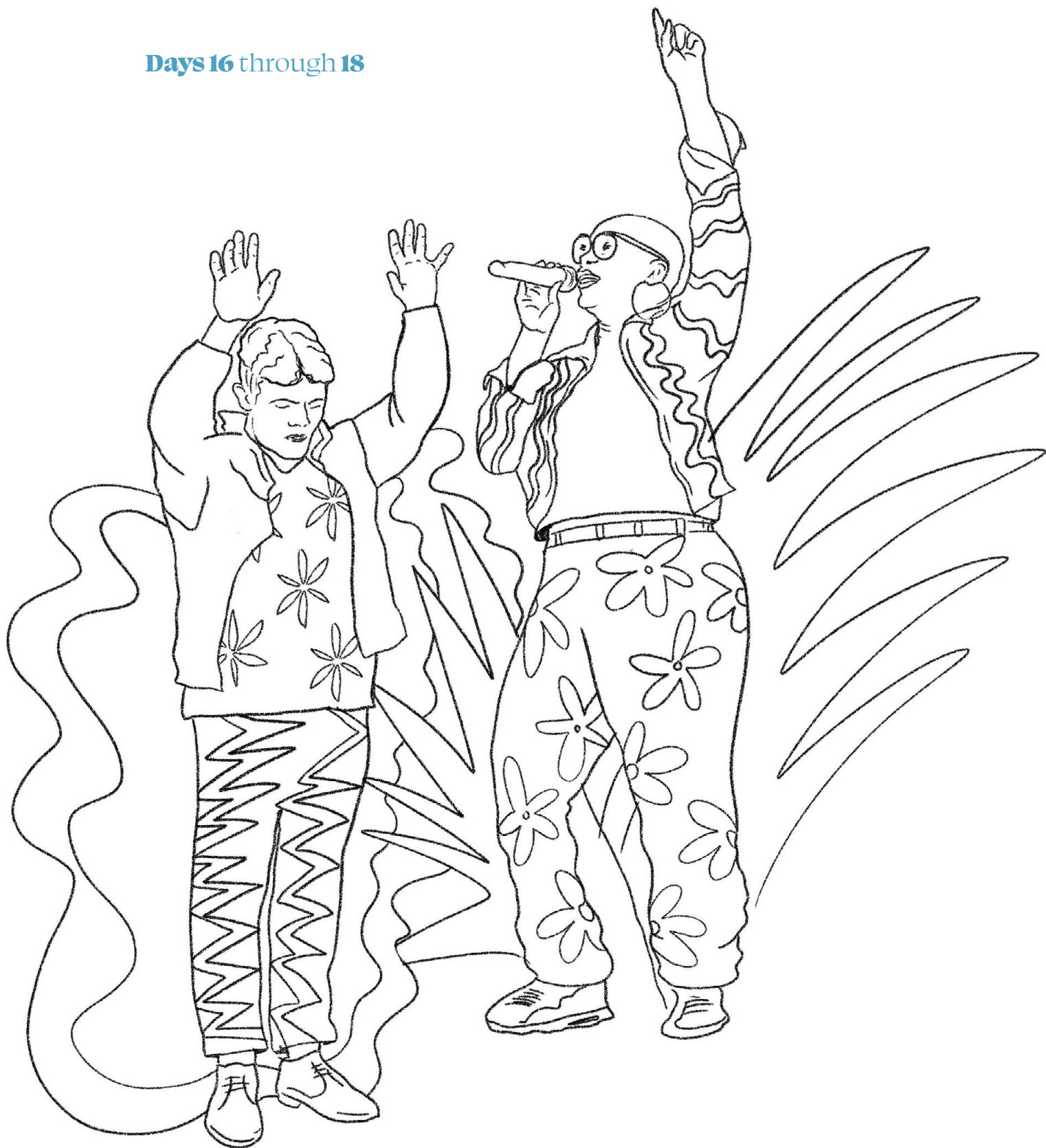
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# Section 06

Days 16 through 18

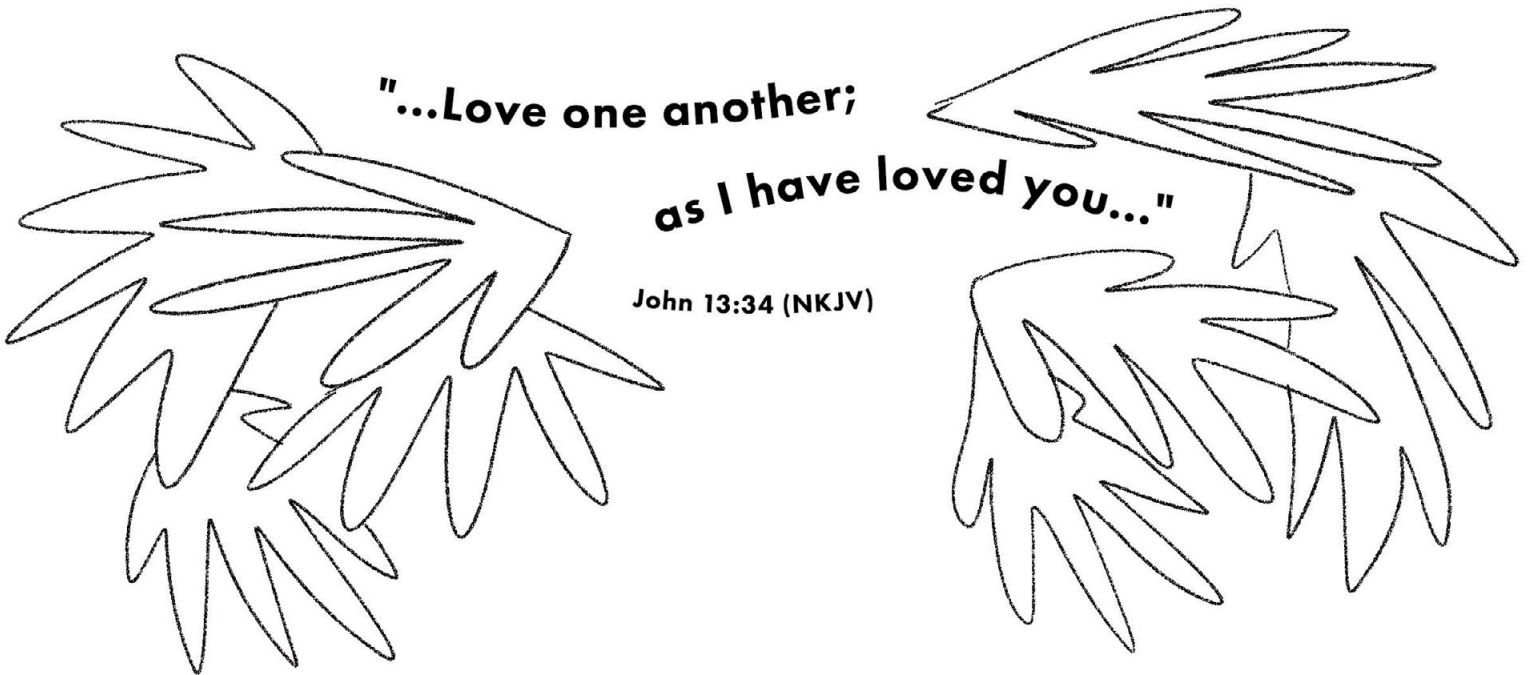


unity and

INTERDEPENDENCE

"...Love one another;  
as I have loved you..."

John 13:34 (NKJV)



# Day 16

## Thank you cards

We are so blessed with teachers and friends to help encourage us!

### Dive into the Word



This is my prayer for you: that your love will grow more and more; that you will have knowledge and understanding with your love; that you will see the difference between good and bad and choose the good; that you will be pure

and without wrong for the coming of Christ; that you will be filled with the good things produced in your life by Christ to bring glory and praise to God.”

—Philippians 1:9-11 (ICB)

### Family Moment

What stands out to you in Paul’s prayer for the Philippians? Think about who God has placed in your life to encourage you and help you be more like Jesus. This could be someone at church, a friend or even someone in your family. Draw or write a card for this person (or people!) telling them how thankful you are for them. You may even want to include a verse from Philippians 1.

### Let’s Pray!

1. Did you know we get to be “partners” in the gospel with other Christians who help teach us and encourage us? Who are your partners?
2. Spend some time praying for adults who have been encouraging to you.
3. Pray: “God, thank You for giving me teachers who lead me to You. Please bless my teachers and pastors. In Jesus’ name, Amen.”



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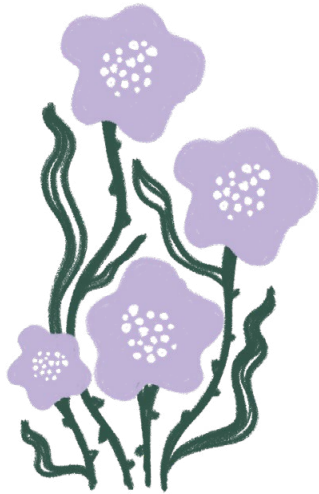
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# Day 17

## Unity sculptures

We can work together to create something beautiful with God's love.



### Dive into the Word

"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another."

—John 13:34-35 (NKJV)

### Let's Pray!

1. Jesus tells us that He will know we are following Him when we love one another. Is there anyone in your life that is hard to love?
2. Everyone has found it hard to get along at one time or another. We can ask the Holy Spirit to help us love those around us!
3. Pray: "God, help me to show love to others just as You have asked us to. Thank You for giving me people to show love to. In Jesus' name, Amen."

### Family Moment

As followers of Jesus, we're unified through God's Spirit. Why is it sometimes hard to be unified with others? God knows it's hard for us to get along with other people sometimes. Thankfully we have the gift and the power of the Holy Spirit to help us love all people, even when it's hard. Practice unity as a family by gathering some modeling clay or dough and straws, and construct a creative sculpture where everyone builds an important part and all the parts fit together. As you work, brainstorm ways your family can show God's love to others in the week ahead.





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# Day 18

## Interdependence day

God has given everyone different talents and gifts for His glory, and it's wonderful when we all work together!



### Dive into the Word

"For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another. Having then

gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry, let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads, with diligence; he who shows mercy, with cheerfulness."

—Romans 12:4-8 (NKJV)

### Family Moment

The body of Christ is an amazing part of God's plan to bless the world. What gift has God given you that you might use to bring unity to your community? Write down one or two things each family member can do this week, and make a plan to bless others. End the time by speaking a blessing over everyone in your family: "Now we are the body of Christ, and each of us is a part of it! Holy Spirit, please give us power to serve others with the gifts we've been given."

### Let's Pray!

1. We are all given special gifts from God, and we can use those gifts to bless others.
2. Think about what gifts God has given you. Ask Him to help you use these gifts to serve Him.
3. Pray: "God, thank You for giving me special gifts and talents. Please give me opportunities to use my gifts to serve and bless others. In Jesus' name, Amen."

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# Section 07

Days 19 through 21



# 300NESS AND PROCLAMATION

**"But you will receive power when  
the Holy Spirit comes into your life..."**

Acts 1:8 (NLV)

# Day 19

In His strength

The Holy Spirit is our strength, and God makes us bold for Him!



## Dive into the Word

“As soon as they were freed, Peter and John returned to the other believers and told them what the leading priests and elders had said. When they

heard the report, all the believers lifted their voices together in prayer to God... After this prayer, the meeting place shook, and they were all filled with the Holy Spirit. Then they preached the word of God with boldness.”

—Acts 4:23, 25, 31 (NLT)

## Family Moment

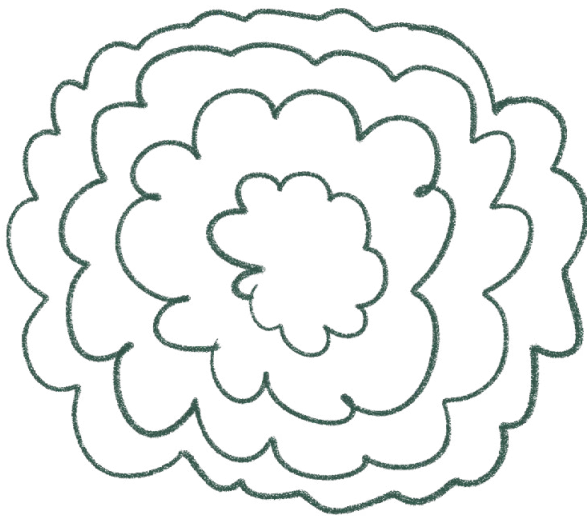
Just as the disciples were filled with the Holy Spirit, we followers of Jesus are filled with the Holy Spirit. God is powerful, and He gives us the strength to follow Jesus and tell others about Him. Share about a time you experienced God’s power. Next, gather a piece of paper and pen to create a list of things you’ve been trying to do in your own strength. It could be tasks at work or school, trying to make a friend or even manual tasks. After sharing, surrender your list to God in prayer: “God, we’re tired of doing it on our own. Please help us give all these things to Your Spirit, and fill us with Your power.”

## Let’s Pray!

1. Verse 31 says they preached the Word of God “with boldness”—what would that look like for you?

2. Ask God to give you His strength, His boldness, so that you can tell anyone about His love!

3. Pray: “God, give us boldness to tell others about You. Lead us to people we can tell about You and give us Your power through the Holy Spirit. In Jesus’ name, Amen.”



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# Day 20

## Prayer walk



### Dive into the Word

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him

who knocks it will be opened.”

—Matthew 7:7-8 (NKJV)

Don't be afraid to pray and ask God for what you need; He wants to hear from you!

### Let's Pray!

1. Is there something you need God's help with right now?
2. God wants us to pray often for what we need, and He wants to answer our prayers. Bring your needs to God to ask Him for help.
3. Pray: “God, thank You that you listen to our prayers and want to give us what we need. Help us to bring our needs to you often. In Jesus' name, Amen.”

### Family Moment

The Bible teaches us to pray often—without ceasing, even! Why do you think Jesus shared the words in the passage above? God wants to open the doors and give us the things we pray and ask for. Take time as a family to go outdoors on a prayer walk (or a prayer drive if the weather isn't cooperating). While you are out, take turns praying for your neighborhood, school and church. Look around for people or places over whom you can pray. Consider bringing a prayer journal along to remember the prayer requests.





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# Day 21

Blessed by prayer

Let's give thanks together for 21 days of praying together!

## Dive into the Word

"We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need. May you be filled with joy, always thanking the Father.

He has enabled you to

share in the inheritance that belongs to His people, who live in the light. For He has rescued us from the kingdom of darkness and transferred us into the kingdom of His dear Son, who purchased our freedom and forgave our sins."

—Colossians 1:11-14 (NLT)

## Family Moment

We pray your 21 days together was filled with new conversations and Holy Spirit "Aha!" moments. To conclude your 21 days, share sightings of God from the journey. What did He reveal to you? How did you see Him at work? How did you see Him at work in someone in your family? Share reflections and responses before ending with a blessing. Pray over each family member: "[Name], we pray you will be strengthened with God's power. May you be filled with joy, always thanking God, for He has rescued you from the kingdom of darkness and transferred you into the kingdom of His son, who purchased our freedom and forgave our sins."

## Let's Pray!

1. God gives us the strength and energy to follow Him and help others. In what area of your life do you need God's strength and energy?
2. Even if we are feeling tired or discouraged, we can ask God, and He will renew our strength.
3. Let's pray: "God, thank You for giving me energy to follow You. Help me to not get tired and to keep following You every day of my life. In Jesus' name, Amen."

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# A word of *thanks*

Thank you for joining us for 21 Days of Prayer + Fasting 2024. Our greatest desire is that you grew as a family, united on mission, and learned from one another, as well. A special thanks goes out to everyone who worked on and prayed over this devotional. We hope the last 21 days have been a blessing, and that your family will continue together in prayer and fellowship.

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